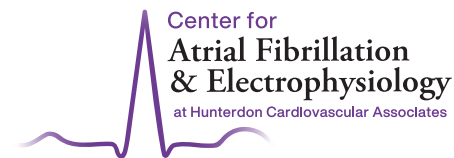


Discharge Instructions: After Pacemaker/ICD Implant or Generator Replacement



Restrictions After Discharge:

- If you have a waterproof dressing or skin glue placed—you may shower immediately after the procedure.
- Do not remove the dressing. It will be removed at your scheduled nurse visit in the office.
- When showering do not scrub the area. You may pat the incision dry with a clean towel until completely healed.
- If you DO NOT have a waterproof dressing—Do not shower until after your dressing has been removed by the office nurse at your site check appointment.
- Call the office with any questions: 908-806-0180.

- Site check appointment: _____

For the Next Two Weeks After the Procedure:

- Do NOT raise your left/right arm over your shoulder.
- Do NOT lift over 10lbs.
- Do NOT drive.
- Wear the sling to bed only; slings are only given for NEW devices, not for generation replacements.

How to Care for Your Incision After Your Site Check:

- Do NOT pull your steri-strips off.
- You may shower if approved by your doctor or nurse.

Call the Office at 908-806-0180 if You Notice Any of These Signs of Infection:

- Increased redness
- Increased swelling
- Increased warmth
- Increased tenderness
- Opening of the incision
- Drainage at the incision site
- Fever

